

Pier to Cove Swim, Saturday, June 21, 2014

Join the La Jolla Cove Swim Club for our annual Scripps Pier to La Jolla Cove Swim

The swim distance is 1.5 miles (2.5 K). The swim will start on the north side of Scripps pier at 9 AM.

The race will end at La Jolla Cove, where fresh Mexican food and cold drinks will be served.

Proceeds of this event are used to support ocean swimming, especially for young people

We will use electronic "chip" timing.

Swimmer safety is our first priority. San Diego Lifeguards will provide support including a boat, jet ski, and paddleboards.

There's a 90 minute time limit for this swim. After 90 minutes, lifeguards will escort any remaining swimmers from the water.

Registration and check-in will begin at 7:30 AM in Scripps Oceanography parking lot P003, just south of the Pier on El Paseo Grande, off La Jolla Shores Drive. Limited on-street parking is available in that area but there may be time limitations.

DO NOT PARK IN THE SCRIPPS LOT, or you'll get a ticket. So it's best to carpool or have someone drop you off.

NOTE: Rest room facilities at registration are extremely limited. We cannot change this. Plan accordingly.

If you need a ride to the Pier area, the Swim Club will offer free shuttle service from La Jolla Cove to the Pier starting at 7:30 AM.

Swimmers may leave their swim bags with event volunteers at registration and they will be shuttled back to the Cove. Leave valuables at home. The La Jolla Cove Swim Club is not responsible for loss.

Trophies will be awarded to the 1st place overall male and female "regulation" swimmers. No other awards will be given.

"Regulation" is according to USMS rules. Neoprene swim caps are acceptable. Rash guards are not acceptable.

"Non-Regulation" swimmers may use rash guards, wetsuits, fins, masks and snorkels, but no scooters or sails...

Swimmers who pre-register on the website or with a paper entry **before** June 14, and complete the swim, will receive an event T shirt. Later entries are not guaranteed a T shirt. You can still pre-register after June 14 until June 20.

Parental approval is required for swimmers younger than 18 but special requirements apply. We encourage the participation of competent young swimmers but we want them to be safe. This event should not be their first open water swim!

Applications from swimmers **younger than 18** must include a list of open water swimming experience and applications must be

received before June 14 by **paper entry only, addressed to "Pier to Cove" at the PO Box (above)** or it may be emailed to piertocoveswim@aol.com. Approval will be at the sole discretion of the event director. The swimmer may be required to have their own kayak support and/or an adult (over 18) escort swimmer. Contact info for the kayaker and support swimmer, must be written on the back of this entry form. **Swimmers younger than 18 may NOT ENTER after June 14 or on the DAY OF THE SWIM.**

Questions may be sent to: piertocoveswim@aol.com.

Event T-shirts will not be guaranteed for entries received after June 14. Beach entrants will not be guaranteed a T-shirt.

Register: 1) Online at www.PierToCoveRacewireXX.com

2) Mail a paper entry and a check payable to "La Jolla Cove Swim Club" to P.O. Box 427, La Jolla, CA 92038.

PLEASE PRINT LEGIBLY. FILL IN/CIRCLE ALL FIELDS. PLEASE PRINT LEGIBLY

Name: _____ E-mail address: _____

Address: _____ City: _____ State: _____ Zip _____

Phone: (____) _____ Age on June 21, 2014 _____

CIRCLE ONE: Regulation | Non-regulation **CIRCLE ONE:** Male | Female

CIRCLE the T-Shirt size: XS (youth large) S M L XL XXL XXXL

CIRCLE only if YES: Are you entering as part of the UNITED STATES POLICE AND FIRE CHAMPIONSHIPS? YES

Entry fee: \$45 This fee includes one event T-shirt only if received by June 14

Total amount enclosed \$ _____ (Checks made to "La Jolla Cove Swim Club"). Sending cash is not recommended.

Refunds may be requested until June 6 with an email to piertocoveswim@aol.com stating the reason. If granted, a \$10 processing fee will be subtracted. After June 6 no refunds will be given for any reason.

This event is for experienced ocean swimmers who are capable of swimming 1.5 miles in open-ocean, "rough water" conditions. The San Diego City Lifeguards will provide safety support, but we cannot guarantee the safety of swimmers, especially for those who are unprepared. The release of liability below must be signed, dated and returned with all entries.

RELEASE OF LIABILITY:

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in ocean water swimming, including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE LA JOLLA COVE SWIM CLUB'S SCHEDULED EVENT OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING THOSE CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: LA JOLLA COVE SWIM CLUB, EVENT SPONSORS, EVENT COMMITTEES, THE CITY OF SAN DIEGO, SAN DIEGO LIFEGUARDS, AND ANY INDIVIDUALS OFFICIATING OR SUPERVISING THE EVENT.

By signing below, I agree to all conditions described above.

Signature of swimmer _____ Date _____

Signature of parent of swimmer younger than 18 _____ Date _____